



# The Well



The Military Council of Catholic Women-Worldwide **connects, unites, and inspires** U.S. military affiliated women to grow in their Catholic faith.



*connect \* unite \* inspire*

February 2019

## Regional Updates

### Western Region —

Fort Huachuca's CWOC held a jam-packed February meeting. Not only did they make St. Valentine's Day cards for AMS seminarians and attend a Mass that celebrated the

Presentation of the Lord and a blessing for the throats in honor of Saint Blaise, but they also prayed the rosary, blessed themselves with water from Lourdes, and managed to celebrate Father Chris Andunchezor's birthday.



*Continued on pg. 4*

## Volunteer of the Month Jackie Henderson

This month's volunteer spotlight features Jackie Henderson.

Jackie's dedication to the devotions of the Catholic faith are evident to anyone who has the great fortune to spend time with her. The ladies who were able to attend the MCCW Forum 2018 in San Diego will remember her, as she brought a multitude of veils for anyone interested in veiling during Mass. She extended the same invitation (and veils) to the ladies attending the 2019 MCCW Pacific Regional Retreat along with a beautiful explanation of the veiling devotion. Mahalo, Jackie, for your willingness to share how this devotion is one way to bring us closer to Christ.





## From the President

Dear Sisters in Christ,

Wow! I am just back from a long weekend in San Antonio with your MCCW board and all I can say is: “WOW!”

Wow to the amazingly talented and dedicated servant leaders who put in countless volunteer hours to help MCCW **connect**, **unite**, and **inspire** each of you.

Wow to the fruit that comes from the grace of God and time together — time spent praying, learning, working, and even playing!

And the biggest wow to the amazing host city and host hotel for our 2020 Forum! We cannot wait to share all we have planned for the MCCW Faith Formation Forum 2020: Be It Done to Me According to Your Word.

In addition to inspirational speakers, beautiful opportunities for the sacraments, and a prayer-filled pilgrimage, we will have a front-row seat for San Antonio’s biggest annual celebration — Fiesta! This nearly 130-year-old tradition started as a way to honor the state’s earliest military heroes — those brave men who fought



at the battles of the Alamo and San Jacinto. Check out the full page Forum announcement in this issue of the Well and visit [www.mccw.org/forum2020](http://www.mccw.org/forum2020) to find out how you can start getting ready for this event!

This issue is chock-full of details about that event so you and your chapels can start planning!

Before I sign off, I also want to plant a seed in each of your minds. So that we can continue to provide the very best opportunities, MCCW will begin this year staggering the succession of its board members. You can read more about this in “Called to Serve”, but I want to encourage each of you to begin praying about how you can serve MCCW and the women of the Archdiocese for the Military Services in the years to come. There is room at the table for each of you and I look forward to seeing many of you around the discernment table in the coming months.

Yours in Christ,

Kim





MCCW

*Faith Formation Forum 2020*

*April 23 - 26*

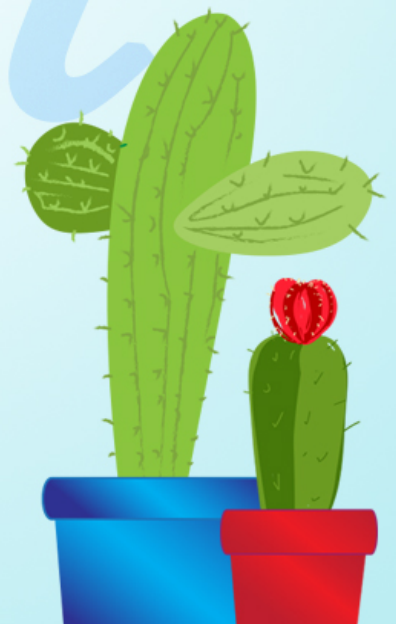
*Marriott Riverwalk, San Antonio, Texas*

*“Behold, I am the handmaid of the Lord.  
May it be done to me according to your word.”  
(Luke 1:38)*



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<http://mccw.org/forum2020>



**Southeast Region —**

Are you interested in attending the Catholic Women of Faith Conference in Franklin, Tennessee on April 6th? Fort Campbell CWOC will be attending and they'd love to meet up with you!

**European Region**

Vicenza CWOC members met at Monte Berico to learn more about the Madonna of Monte Berico and to pray the Rosary as they walked the colonnade.



## Praying the Stations of the Cross



While the Stations of the Cross can be prayed anytime during the year, reflecting on Christ's passion through this devotion is particularly suited to the Lenten season. Here are some ideas for incorporating Stations of the Cross into your chapel or CWOC plans this Lent.

**How to Pray Stations of the Cross**

Visit <http://mccw.org/devotion-guides/> to download MCCW's guide to the Stations of the Cross.

**Lenten Gatherings**

Many communities gather on Friday nights to pray this devotional followed by a potluck meatless soup supper. Consider inviting

the Protestant community to join you. Some chapels have separate Catholic and Protestant devotionals, but then the groups come together for a concluding fellowship soup supper or fish fry.

**Online Resources for Family, Faith Community, CWOC, or Individual Use**

[The Military Way of the Cross](#) was written by MCCW volunteer, Anni Harry. Originally released last year, it is newly re-released this year with an Imprimatur and Nihil Obstat by the Archdiocese for the Military Services, USA, guaranteeing there are no moral or doctrinal errors in the Stations. Consider using this free resource for individual, family, or chapel Station of the Cross gatherings this Lent!

**USCCB**

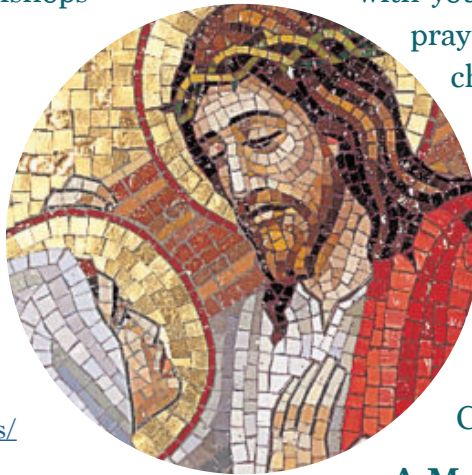
<http://www.usccb.org/prayer-and-worship/prayers-and-devotions/stations-of-the-cross/scriptural-stations-of-the-cross.cfm>

These Stations are based on those prayed

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by Pope John Paul II on Good Friday 1991. They are found on the United States Council of Catholic Bishops website, an excellent “go-to” source. [USCCB.org](http://USCCB.org) has many more devotional resources, including versions of Stations of the Cross for life, vocations and human trafficking. Spanish links are available.



### **EWTN**

<https://www.ewtn.com/devotionals/stations/stat1.htm>.

<http://www.olamshrine.com/>

This version of Stations is from Mother Angelica, founder of EWTN and the Shrine of the Blessed Sacrament in Hanceville, Alabama.

### **Loyola Press**

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/stations-of-the-cross>

Loyola Press has a multitude of Stations and Lenten resources. The website has an examen-style reflection on the Stations, Stations for children, and reflections on suffering. There is a Spanish language tab as well. You can also order books from this site.

### **St. Francis of Assisi**

<https://www.discerninghearts.com/catholic-podcasts/stations-of-the-cross-%20according-to-the-method-of-st-francis-of-assisi/>

A Stations option for devotees of St. Francis of Assisi.

### **Praying the Stations on Rosary Beads**

[http://www.rosaryandchaplets.com/chaplets/stations\\_of\\_cross\\_prayer.html](http://www.rosaryandchaplets.com/chaplets/stations_of_cross_prayer.html)

<http://www.mccww.parishstore.com>

(Catholic Company) If you can't make it to the chapel to participate in the Stations with your community, an alternative is to pray the Stations of the Cross Rosary chaplet. Most have 14 medals representing the Stations with three beads between each, on which to pray the Our Father, Hail Mary, and Glory Be. The rosary chaplets are available for purchase at various sites on line, including the Catholic Company.

### **A Moving Stations of the Cross**

<https://paxchristiusa.org/programs/lent-2016/good-friday-way-of-the-cross/>

A creative idea is to organize Stations in different locations throughout post. The Catholic Group Pax Christi does this in several cities throughout the US. Learn how on their website.

### **Living Stations**

<https://catechistsjourney.loyolapress.com/2009/02/living-stations-of-the-cross-scripts/>

A great youth activity is to stage living Stations of the Cross, and invite the community to attend. Shadow Stations, which are enacted behind a white screen, are especially moving.

YouTube has many living and shadow Stations posted for you to review and get ideas.



# Called to Serve



From its beginning, MCCW has been led by dedicated volunteers

– caring, generous

military-affiliated women who have given of their time, talent, and treasure in order to help their sisters in Christ grow in the Catholic faith. This continues today with talented teams working at the worldwide and regional levels to produce MCCW events and resources.

So that MCCW can continue to **connect**, **unite**, and **inspire** military women around the world in the very best way, MCCW has begun to stagger turnover on the worldwide board as well as on the regional boards. All discerned leaders will continue to serve two-year terms – but some will transition in and out during even years, and others during odd years.

## How Will This Work?

Discernment for many of the worldwide positions will continue to happen at Forum. The President, the Directors of Forum, Financial Stewardship, Communications, and one At-Large board member will discern during an in-person discernment process during Forum and will be installed that weekend.

The other worldwide board members – Directors of Regional Coordinators and Faith Formation Resources as well as the other two At-Large board members will be discerned one year after Forum (April of odd years) during a telephonic or video-teleconference discernment process. They will assume their positions immediately, but will be formally installed at the next in-person board meeting.

Regional Coordinators as well as Regional Communications Coordinators and Regional Liturgists will be discerned during in-person discernment processes at each region's retreat and will be installed at that retreat.

## When Will This Start?

This process has already begun, but it will take a full two year-cycle (from Forum 2018 to Forum 2020) to be fully implemented.

The next step is holding regional discernments at each of the regional retreats this year. When you register for your regional retreat you will receive a discernment packet that will help you prayerfully decide if you are being called to a leadership role in your region. This packet is also available on the MCCW website.

In the coming weeks, a discernment packet for the worldwide board will also be available on the website for those interested in discerning to one of the worldwide positions available

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in the odd years. As we work through the kinks of implementing this process, the only position currently available is Director of Faith Formation Resources. Any changes to this will be promoted in upcoming issues of *The Well* and on social media. The date and time of that discernment process will also be announced in the coming weeks.

### Preparing to Lead

In addition to staggering the board transitions, MCCW will invite anyone interested in discerning the role of Worldwide President to attend a regional retreat discernment and commit to a year of pre-discernment service. During this year, those interested will volunteer at the worldwide level in many parts of the organization as well as participate in regularly scheduled calls with the current president to learn about the role, responsibilities, and duties. This, along with prayerful personal discernment, will help prepare these committed women to discern the role of MCCW President at Forum.

### How Else Can I Get Involved?

If you aren't feeling called to a discerned position in MCCW's leadership, there are still many ways to get involved. Each board member has a team who performs many tasks and functions related to her position. If a particular area is calling to you, reach out to the director of that area to find out how you can help.

You can also watch social media and The Well for announcements about specific positions that need to be filled. There is room at the table for all who are called to serve and MCCW will help you find the right seat.

## Servant Leaders Needed

### MCCW History Team

Help MCCW create a digital record of its 60+ year history! Join the team and use your archiving, writing, and digital organization skills to pull together pictures, articles, and interviews during this short-term project.

### Policy and Procedures Writer

MCCW needs a strong, organized writer to document its standard operating procedures and processes. 5-10 hrs/month

**Interested in any of the above positions?** Email [president@mccw.org](mailto:president@mccw.org) to learn more.

### Finance/Stewardship Intern

Interested in gaining experience in finance and stewardship in a nonprofit setting (or have a college student who is?) This unpaid internship is a great opportunity to learn by doing — help the Director of Finance set up a contact management system and help manage MCCW's annual designated offering campaign. If interested, email resume to [finance@mccw.org](mailto:finance@mccw.org).



## Seminarian Support News:

### MCCW Names Endowed Scholarship

With a joyful heart, MCCW is pleased to announce the official name for its endowed scholarship:

#### **The Military Council of Catholic Women Endowed Co-Sponsored Seminarian Scholarship**

This scholarship, which continues MCCW's commitment to its perpetual charity — the support of AMS Co-Sponsored Seminarians — will allow every dollar donated to go even further toward helping our promised priests during seminary.

In order to establish the endowed scholarship, MCCW must raise a total of \$50,000.

Donations over the past two years have raised \$37,000 and it is MCCW's goal to raise the final \$13,000 during the five spring retreats.

**We need your help!** In keeping with MCCW tradition, a silent auction will be held at each regional retreat with all earnings being put toward reaching the \$50,000 goal. If you or your chapel are attending a retreat, consider contributing a basket or item for the auction. If you are attending the retreat, consider bidding on one of the wonderful items available.

Not attending a retreat? You can still help make a difference for our seminarians. You can send a cash or check donation to the retreat with someone attending or you can make your donation directly online at [www.mccw.org](http://www.mccw.org).



MCCW is so excited about all its newly endowed scholarship will do. It will **connect** our members from around the globe to our effort to support seminarians, **unite** our financial contributions for even greater impact, and **inspire** future MCCW members to continue supporting our promised priests.

We kindly thank you for your financial contributions and, additionally, ask for your loving prayers for each of our AMS co-sponsored seminarians. Together we can support our promised priests — those men called to serve both God and our military families.

#### **Prayer for Co-Sponsored Seminarians**

*O Lord of the Harvest,  
continue to sustain the generous  
response of the AMS co-sponsored  
seminarians.*

*Enflame Your Spirit within them and guide their  
formation.*

*Enlarge their hearts to make them all things for  
all people,  
because you are the Lord of all who lives and  
reigns forever and ever.*

*Amen.*

Archbishop Timothy P. Broglio



# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7  Pacific Retreat in Honolulu, HI 7 - 10	8  Feast of The Presentation of the Lord	9
10	11  Feast of Our Lady of Lourdes	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28  Central Retreat in St Joseph, MO 28 - 3 March		

*The month of February is dedicated to the Holy Family.*

*'And Jacob the father of Joseph the husband of Mary, of  
whom Jesus was born, who is called Christ.'  
Matthew 1:16.*



# 2019 MCCW Spring Retreats

Pacific Retreat  
St. Anthony Retreat Center  
Honolulu, HI  
February 7-10

*Click the links  
to register!*

Central Retreat  
Conception Abbey  
St. Joseph, MO  
February 28-March 3

<https://2019centralmccwretreat.eventbrite.com>

Western Retreat  
Madonna Retreat Center  
Albuquerque, NM  
March 8 - 10

<https://2019westernmccwretreat.eventbrite.com>

Northeast Retreat  
Malvern Retreat Center  
Malvern, PA  
March 22-24

<https://2019northeastmccwretreat.eventbrite.com>

Southeast Retreat  
Blessed Trinity Shrine  
Ft. Mitchell, AL  
March 29-31

<https://mccw-southeast-retreat.eventbrite.com>

