



# The Well



The Military Council of Catholic Women-Worldwide **connects, unites, and inspires** U.S. military affiliated women to grow in their Catholic faith.



*connect \* unite \* inspire*

March 2019

## Regional Updates

### European Region



CWOC members and parishioners recently gathered in the crypts of St. Mark's Basilica in Venice, Italy. They participated in the Mass directly beneath the remains of Blessed Saint Mark.

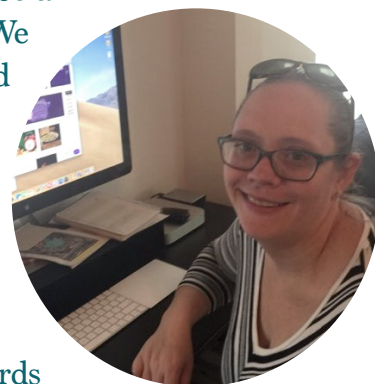
### Southeast Region

As part of the post's Arbor Day celebration month, the Ft. Campbell, Kentucky CWOC planted 20 saplings. The Garrison Commander even came out to help!




## Volunteer of the Month Anni Harry

This month we would like to recognize Anni Harry, our Social Media Manager. We hope you've noticed her influence on the new content being shared across all our MCCW platforms. Her gifted way with words and heartfelt devotion to making sure the MCCW message of "Connect~Unite~Inspire" is seen by Catholic military women worldwide, via our social media presence. Every week, Anni schedules Facebook images and links of interest, posts almost daily on Instagram, and spends quality time networking in order to find new and exciting content to draw us all closer to God. Thank you Anni for your dedication to the team and all you do to spread our message!



*Continued on pg. 6*



## From the President

Dear Sisters in Christ,

So, this is actually the second letter I penned

for the March issue of The

Well. I wrote the first draft of my letter to you all about an hour ago and then went on to other MCCW tasks while listening to music by the [Carmelite Sisters of the Most Sacred Heart of Los Angeles](#). If you were blessed enough to hear the sisters sing at Forum last year, you will recall how uplifting and beautiful their music is.


My first letter talked about discernment, how busy we have been these recent days preparing for discernment at the worldwide and regional levels, and prepping materials for chapels who will use discernment this spring to select new leaders. But then I was listening to the words of one of the sisters' songs, "*Lean Into the Wind*," and I felt called to share these words with you:

Why are you here?  
(You know my Lord I love you)

What do you fear?  
(In peace accept the fight)

Will you just stay there,  
or lean into the wind?  
(I will lean into the wind)

The song is a conversation with God. He is asking if we will trust His plan and answer His call. He is asking if we will lean into the wind, no matter how daunting it may seem, and reassures us that He will be there for us when we do. There are always a lot of reasons to hold back from diving into a new leadership role in ministry, but God assures us that if we answer when He calls, He will see us through the experience.



MCCW has developed several great tools to help you prayerfully discern what God is calling you towards. I hope that you will read on and visit our website to learn more about those resources. If you feel God's

tug on your heart this spring — to lead in your chapels, the MCCW regions, or the Worldwide board — I ask you all to prayerfully consider leaning into the wind. He's got this.

Yours in Christ,

Kim



MCCW

*Faith Formation Forum 2020*

*April 23 - 26*

*Marriott Riverwalk, San Antonio, Texas*

*“Behold, I am the handmaid of the Lord.*

*May it be done to me according to your word.”*

*(Luke 1:38)*



*connect \* unite \* inspire*

<http://mccw.org/forum2020>



# Seminarian Spotlight

## 2019 AMS Deacon Ordinations

### Pray for our Promised Priests

By: Denise Hummel

As a child, in Religious Education, do you recall being asked, “Which of the following statements are true?”

**All Deacons are Priests**

OR

**All Priests are Deacons**

In the Catholic Church, we have two different kinds of deacons; permanent and transitional. Our permanent deacons are men ordained to an office in the Catholic Church who normally have no intention or desire of becoming priests. Transitional deacons, on the other hand, are seminarians--students in their final phase of training for the Catholic priesthood.

This year alone, the AMS will joyfully welcome nine AMS Co-sponsored

Seminarians as Deacons! These men are in their final phase of instruction, at their respective seminaries, and in one year, will become ordained priests. Join me in praying for each on the date of their ordination as shown below.

Have you given any more thought to the opening question? Yes, it is true: all priests are also Deacons. Upon their deacon ordination, the men receive the title “Mr. Rev.” in front of their name. Join me this Lenten season in praying for our new deacons and all seminarians. For your convenience, MCCW has prepared a Lenten Calendar (included in this edition of The Well), and you can pray specifically for one seminarian each day during Lent.

Adam  
Marchese  
6 April



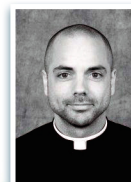
Miguel  
Flores-Perez  
18 May



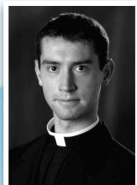
Daniel  
Duplantis  
28 May



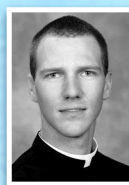
Adam  
Woodward  
31 May



Tim  
Mergen  
3 October



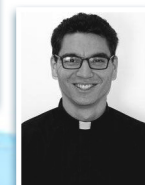
Steven  
Booth  
11 May



James  
Dvorak  
25 May



Tyler  
Harris  
31 May



Joseph  
Baltz  
6 June

# 2019 Lenten Devotion Pray for Our Promised Priests

Spend each day during Lent in prayer. Pray, by name, for each of our 46 AMS Co-Sponsored Seminarians. On Easter Sunday, let us conclude our Lenten Devotion by praying for our shepherd, Archbishop Timothy P. Broglio.

## March

| Sun                | Mon                 | Tue                 | Wed                        | Thu                         | Fri                    | Sat                         |
|--------------------|---------------------|---------------------|----------------------------|-----------------------------|------------------------|-----------------------------|
|                    |                     |                     | Joseph Baltz 6             | Garrett Braun 7             | David Campo 8          | David Chacko 9              |
| Paul Collins 10    | Will Cook 11        | Patrick Costello 12 | Robert Coviello 13         | Anthony Davis 14            | Joseph Dembowski 15    | Patrick DiLoreto 16         |
| Erin Donlon 17     | Daniel Duplantis 18 | James Dvorak 19     | Bradley Easterbrooks 20    | Rev. Mr. Matthew Faucett 21 | Miguel Flores-Perez 22 | Rev. Mr. Vincent Gilmore 23 |
| Zachary Glick 24   | Tyler Harris 25     | Madison Hayes 26    | Armando Herrera-DosReis 27 | Edward Hoffmann 28          | Stephen Hughes 29      | Brian Jacobson 30           |
| Michael Kapolka 31 |                     |                     |                            |                             |                        |                             |

*Here I am Lord, send me.  
Isaiah 6:8*

## April

| Sun                              | Mon               | Tue                        | Wed                | Thu                        | Fri               | Sat                            |
|----------------------------------|-------------------|----------------------------|--------------------|----------------------------|-------------------|--------------------------------|
|                                  | Joseph Knepper 1  | Rev. Mr. Sean Koehr 2      | Matthew Kurt 3     | Adam Marchese 4            | Timothy Mergen 5  | Tyler Miazga 6                 |
| Joshua Miller 7                  | Michael Nugent 8  | Colin Patrick 9            | Thomas Pressley 10 | Rev. Mr. Carignan Rouse 11 | Andrew Sanchez 12 | Upton Sewell 13                |
| Peter St. George 14              | Callan Sweeney 15 | Br. Matthew Tomeny, MIC 16 | Carlos Warfield 17 | Charles Wilton 18          | Adam Woodward 19  | Rev. Mr. Christopher Yakkel 20 |
| Archbishop Timothy P. Broglio 21 |                   |                            |                    |                            |                   |                                |

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**Regional Updates (continued)**

**Pacific Region**

During the month of January, the **Monterey, California CWOC** held a baby and maternity item drive for a local crisis pregnancy center.



Along with two local parishes, the group collected 18 bags of baby clothes, two bags of maternity clothes,

12 blankets, over 26 packages of diapers, 16 bottles, 18 baby books, and countless other baby items — enough to fill an SUV to the top. At their February meeting, they prayed Mothers Prayers, played baby



shower games, ate baby themed food, and had the director of the crisis pregnancy center come talk about their worthy cause and collect the donated items. Although small, Monterey CWOC is a mighty group and is happy to support women and girls who choose life.

During their January social, the **St. Michael Catholic Community CWOC group at Travis AFB, California**

tapped into their creative side. Organized by active member Aspen Higgens, the ladies transferred images onto canvas and painted the chosen designs. They had a wonderful evening!



*What to Plant in Your Garden for Lent*

*3 Rows of Squash*

- Squash Gossip
- Squash Criticism
- Squash Indifference

*Plenty of Thyme*

Time for God, Time for Rest,  
Time for Fun

*7 Rows of Peas*

- Prayer
- Penance
- Perseverance
- Politeness
- Preparedness
- Purity
- Patience

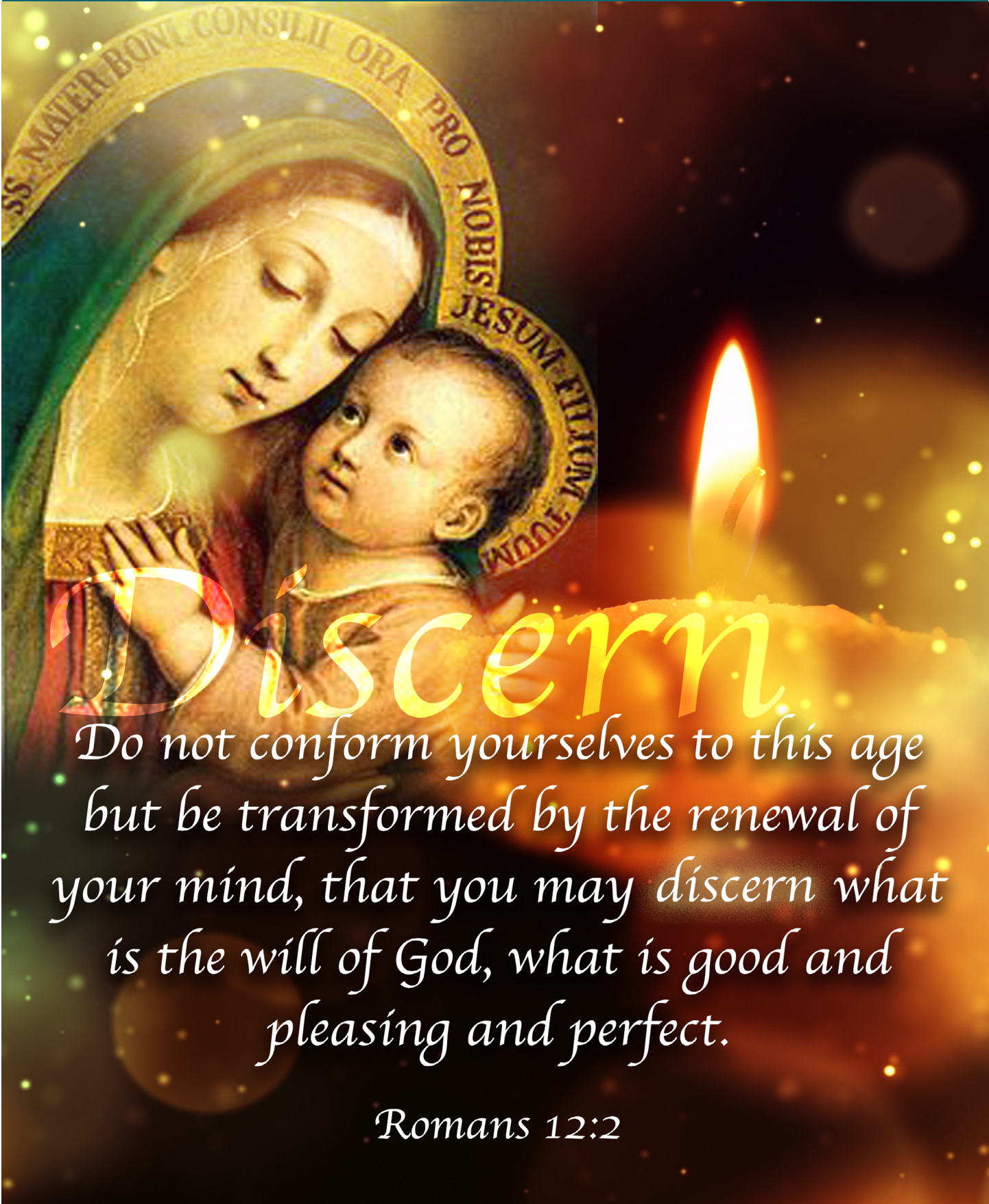
*5 Heads of Lettuce*

- Let us be unselfish
- Let us be charitable
- Let us not be weary
- Let us be obedient
- Let us love one another



*Water with patience, cultivate with love.  
Remember... what you reap, you sow!*

adapted from CatholicChild.com



# Discern

*Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.*

*Romans 12:2*

# Called to Serve



How many of you have been part of an MCCW Cider Service or Bread Service? Participated in an MCCW leadership training

event? Used one of MCCW's devotion guides, installation ceremonies, or discernment processes? Gotten a faith or book study idea from MCCW?

Making those programs, resources, and so much more available to individual women and to women's ministries around the globe is the responsibility of the Director of Faith Formation, one of the nine members of the MCCW Worldwide Board. Her role is to connect women with the very best resources that will allow them to grow in their faith - no small task.

MCCW will be hold discernment for this very important position on 29 April at 2 p.m. EST via a telephonic discernment process. The woman who discerns this position will serve a two-year term April 2019-2021. Following the spring discernment process, the new director will begin recruiting a team of other volunteer leaders who will focus on tasks like writing, updating, editing, gathering, and researching.

If reading this stirs your heart and you want to learn more about the Director of Faith Formation position, please download the Worldwide Board discernment packet from <http://mccw.org/mccw-discernment/> and begin the personal discernment process. To submit your packet, or to get more information, please email [discernment@mccw.org](mailto:discernment@mccw.org).

## Director of Formation Resources Job Description and Expectations

The director of formation resources ensures that MCCW is connecting its members with the best formation resources available. Her duties include:

- Developing a plan to offer resources, training, and education that fits with the mission of MCCW-Worldwide.
- Ensuring that all worldwide board members are trained on leading MCCW Leadership Development Modules.
- Working closely with the Director of Communications to write a plan for disseminating those resources.
- Working with the President to develop and implement plans for capitalizing on external relationships for the benefit of MCCW-Worldwide individual members and chapel groups and for connecting MCCW-



Worldwide individual members and chapel groups with external resources.

- Chairing the formation resources committee and identifying and selecting members of the committee with input from the Worldwide Board.

She will fulfill her duties while adhering to the annual budget and finance guidelines set out by the Director of Financial Stewardship and approved by the Worldwide Board.

## Board Expectations

### General

- The board is made up of nine equal positions responsible for separate aspects of MCCW-Worldwide's programmatic or administrative work. As a body, they also set the strategic vision for the organization.
- For voting purposes, each board member has one vote, except the President who votes only in case of a tie.
- The board meets at regular intervals via teleconference and in-person once annually to plan both the strategic and programmatic aspects of MCCW-Worldwide's work.
- The President and Directors of Regional Coordinators, Financial Stewardship, Forum,

Communications, and Formation Resources will be active-duty military or the female spouse of active duty military.

- The Directors-at-large can come from any eligible group served by MCCW to include active duty, active duty dependents, retired dependents, guard, or reserve.
- Members of the Worldwide Board will be expected to attend monthly teleconference meetings and submit monthly reports on their work.

### Travel

- All nine board members will be expected to attend the regional retreat in her region, the in-person board meetings, and Forum.
- Any of the nine may also be called upon to attend other regional retreats to represent the worldwide organization.
- MCCW-Worldwide will send at least two board members to each retreat. Preference will be given to those who have to travel the shortest distance. All nine board members will be trained to lead regional discernment so that any of the board can equally share in that responsibility.

*Continued on pg. 10*

## Called to Serve (continued)

### Cost

- A board member can expect to spend money on travel, food, lodging, and registration fees during her term. Though the specifics of her financial contribution may change on a yearly basis based on budget availability, for planning purposes a board member can expect to pay for the following:
  - For in-person board meetings, board members will be given a capped travel allowance, will have lodging covered, and will be responsible for their own food and incidental costs.
  - For the regional retreat in their region, board members will be expected to cover travel, lodging, food, incidentals, and registration.



- For any additional regional retreats she is asked to attend, a board member will be given a capped travel allowance, will have lodging and retreat registration covered, and will pay for her own incidentals.
  - For Forum, board members will be given a capped travel allowance, will have lodging covered, and will be expected to pay for her own registration fees, food and incidentals.
    - Personal finance should not be the sole factor that keeps a woman from participating in discernment. MCCW make every effort to subsidize costs for qualified, dedicated board members as the budget allows. Please contact the Discernment Coordinator for more information about the financial commitment.

## Pacific Regional Recap

Deep in the Kalihi Valley on the island of Oahu in Hawaii, the 2019 MCCW Pacific Regional Retreat was held February 7-10 at the beautiful St. Anthony Retreat Center. The ladies in attendance were treated to the beautiful and humorous presentations given by Fr. Pat McCormick on Actual Grace, Sanctifying Grace and Obstacles to Grace. Attendees were also afforded the opportunity to listen to Maile Domingo who shared her wisdom on Theology of the Body and lead a hula lesson connected to the presentation. Adoration, Mothers Prayers, an illuminated rosary and a towel service and a powerful healing Mass were also a part our blessed time together.

The discernment process yielded a full Pacific Region Board and was a beautiful example of God's providence to call us to His table.



**Please welcome the new Pacific Regional team for 2019-2021.**





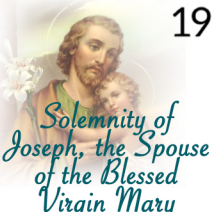
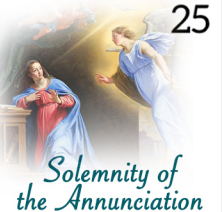

**Pacific Regional Coordinator**  
Elizabeth Wheeler

**Pacific Regional Communications**  
Brenda Nonnweiler

**Pacific Regional Liturgist**  
Blanca Aston

*Grace*

# March

| SUNDAY | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY | FRIDAY   | SATURDAY  |
|--------|--|---|---|----------|--|---|
|        |  |   |   |          |  | 1 2<br><br>Central Retreat in St. Joseph, MO<br>1 - 3      |
| 3      | 4  | 5   | 6<br><br>Ash Wednesday | 7        |  | 8 9<br><br>Western Retreat in Albuquerque, NM<br>8 - 10    |
| 10     | 11   | 12  | 13  | 14       |  | 15 16<br><br>Northeast Retreat in Malvern, PA<br>22 - 24 |
| 17     | 18   | 19<br><br>Solemnity of Joseph, the Spouse of the Blessed Virgin Mary | 20  | 21       |  | 22 23 24  |
| 24     | 25<br><br>Solemnity of the Annunciation | 26  | 27  | 28       | 29 30<br><br>Southeast Retreat in Ft. Mitchell, AL<br>29 - 31 | 31  |

The month of March is dedicated to Saint Joseph.

*"A faithful man shall be greatly praised; and he that is the keeper of his Lord shall be glorified."*

*From CatholicCulture.org*



# 2019 MCCW Spring Retreats

**Pacific Retreat**  
St. Anthony Retreat Center  
Honolulu, HI  
February 7-10

*Click the links  
to register!*

**Central Retreat**  
Conception Abbey  
St. Joseph, MO  
February 28-March 3

<https://2019centralmccwretreat.eventbrite.com>

**Western Retreat**  
Madonna Retreat Center  
Albuquerque, NM  
March 8 - 10

<https://2019westernmccwretreat.eventbrite.com>

**Northeast Retreat**  
Malvern Retreat Center  
Malvern, PA  
March 22-24

<https://2019northeastmccwretreat.eventbrite.com>

**Southeast Retreat**  
Blessed Trinity Shrine  
Ft. Mitchell, AL  
March 29-31

<https://mccw-southeast-retreat.eventbrite.com>

