



Selecting Studies for Your CWOC

CWOC programming is not one-size-fits-all and the options are endless. From faith studies to DVD series you have much to choose from. When planning, you will want to be mindful of the specific needs of your chapel community. If you aren't sure about the needs, interests, and time-commitments of your chapel community, take a survey to learn more.

Begin planning early – you will want to be sure you have time to order materials and get the approval of your chaplain before your year begins.

Bible or Faith Studies

Bible and Faith studies are foundational to women's ministry. Selecting a study for your CWOC provides continuity and a sense of learning more deeply about a given topic. When selecting a study, consider the interests of your members. Reading a dense papal encyclical may not be the best choice for a group of tired, young mothers, but likewise a study about the challenges of motherhood might not be the best fit for a group that includes many retirees. Also consider the time women have available to dedicate to the study – some studies require a lot of "homework" while others can be done largely as a group during each gathering.

As you look for studies, keep in mind the value of selecting Catholic studies, as opposed to more generally Christian studies. There are many amazing Christian resources out there, but even for the most well-catechized among us, it can be easy to miss subtle teachings that differ from or contradict our Catholic faith.

DVD Series and Video Resources

There are many DVD-based bible and faith studies available today, covering a broad array of topics. DVD studies can be ideal for groups that aren't able to commit to a lot of outside preparation time. The internet and Catholic-specific web resources like "Formed" can also be a source of good, short video segments on religious topics. Just be sure to check the source if you are using a resource you find online – you might even ask your chaplain to review it before showing it to your group.

...and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also...2 Timothy 2:2

