



## DEVOTION: Stations of the Cross

---

**HISTORY & BACKGROUND:** The Stations of the Cross began as the practice of pious pilgrims to Jerusalem who would retrace the final journey of Jesus Christ to Calvary. Later, for the many who wanted to pass along the same route, but could not make the trip to Jerusalem, a practice developed that eventually took the form of the stations currently found in almost every church. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station.

The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths. Except on Friday of Holy Week, a fifteenth station of the Resurrection is usually added.

While frequently done communally, especially on the Fridays of Lent, the devotion can be prayed on an individual basis, and at any time, in any place, with the aid of a prayers book or other guide

**TIME REQUIRED:** about 1 hour

**SUPPLIES NEEDED:** hymnals or booklets for all, cross (and cross-bearer)

**DIRECTIONS:** The presiding minister may be a priest, deacon, or layperson. This minister prays the opening and closing prayers, leads the acclamation, announces the stations, and says the prayer that concludes each station. One or more readers may read the Scriptural reflections. A period of silence should be observed between the Scripture reading and the prayer. A cross-bearer accompanied by two candle-bearers may stand in front of each station as it is announced. The standard form for the Way of the Cross is:

1. An opening prayer
2. The naming of the Station
3. The responsorial: "We adore thee, O Christ, and we bless Thee." All reply: "Because by Thy holy cross Thou hast redeemed the world".
4. A short meditation by the presider.
5. A response from the congregation.
6. Our Father, Hail Mary and Glory Be
7. Sometimes also added "Lord Jesus, crucified." "Have mercy on us."
8. A verse from the *Stabat Mater*

There are many forms of the devotion of the Stations of the Cross. Most churches use the traditional method with prayers and meditations by St. Alphonsus. One way of meditation may not be best for everyone and we encourage you to find a method of meditation upon Christ's passion that helps your chapel group grow closer to Him. The United States Conference of Catholic Bishops offer the following scriptural stations of the cross version:

---

*...to set the mind on the Spirit is life and peace...Romans 8:6*





**Before each station:**

**Minister:**

We adore you, O Christ, and we bless you.

**All:**

Because by your holy cross you have redeemed the world.

**After each station:**

**All:**

Lord Jesus, help us walk in your steps.

**Opening Prayer:**

**Minister:**

God of power and mercy,  
in love you sent your Son  
that we might be cleansed of sin  
and live with you forever.  
Bless us as we gather to reflect  
on his suffering and death  
that we may learn from his example  
the way we should go.  
We ask this through that same Christ, our Lord.

**All:**

Amen.

**First Station: Jesus in the Garden of Gethsemane**

**Reader:**

Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak."

*(Matthew 26:36-41)*

**Minister:**

Lord,  
grant us your strength and wisdom,  
that we may seek to follow your will in all things





### **Second Station: Jesus, Betrayed by Judas, is Arrested**

**Reader:** Then, while [Jesus] was still speaking, Judas, one of the Twelve, arrived, accompanied by a crowd with swords and clubs, who had come from the chief priests, the scribes, and the elders. His betrayer had arranged a signal with them, saying, "the man I shall kiss is the one; arrest him and lead him away securely." He came and immediately went over to him and said, "Rabbi." And he kissed him. At this they laid hands on him and arrested him.

*(Mark 14: 43-46)*

**Minister:**

Lord,  
grant us the courage of our convictions  
that our lives may faithfully reflect the good news you bring.

### **Third Station: Jesus is Condemned by the Sanhedrin**

**Reader:** When day came the council of elders of the people met, both chief priests and scribes, and they brought him before their Sanhedrin. They said, "If you are the Messiah, tell us," but he replied to them, "If I tell you, you will not believe, and if I question, you will not respond. But from this time on the Son of Man will be seated at the right hand of the power of God." They all asked, "Are you then the Son of God?" He replied to them, "You say that I am." Then they said, "What further need have we for testimony? We have heard it from his own mouth."

*(Luke 22: 66-71)*

**Minister:**

Lord,  
grant us your sense of righteousness  
that we may never cease to work  
to bring about the justice of the kingdom that you promised.

### **Fourth Station: Jesus is Denied by Peter**

**Reader:** Now Peter was sitting outside in the courtyard. One of the maids came over to him and said, "You too were with Jesus the Galilean." But he denied it in front of everyone, saying, "I do not know what you are talking about!" As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean." Again he denied it with an oath, "I do not know the man!" A little later the bystanders came over and said to Peter, "Surely you too are one of them; even your speech gives you away." At that he began to curse and to swear, "I do not know the man." And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times." He went out and began to weep





bitterly.

*(Matthew 26: 69-75)*

**Minister:**

Lord,

grant us the gift of honesty

that we may not fear to speak the truth even when difficult.

**Fifth Station: Jesus is Judged by Pilate**

**Reader:** The chief priests with the elders and the scribes, that is, the whole Sanhedrin, held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate questioned him, "Are you the king of the Jews?" He said to him in reply, "You say so." The chief priests accused him of many things. Again Pilate questioned him, "Have you no answer? See how many things they accuse you of." Jesus gave him no further answer, so that Pilate was amazed.... Pilate, wishing to satisfy the crowd, released Barabbas... [and] handed [Jesus] over to be crucified.

*(Mark 15: 1-5, 15)*

**Minister:**

Lord,

grant us discernment

that we may see as you see, not as the world sees.

**Sixth Station: Jesus is Scourged and Crowned with Thorns**

**Reader:**

Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly.

*(John 19: 1-3)*

**Minister:**

Lord,

grant us patience in times of suffering

that we may offer our lives as a sacrifice of praise.

**Seventh Station: Jesus Bears the Cross**

**Reader:** When the chief priests and the guards saw [Jesus] they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him. I find no guilt in him." ... They cried out, "Take him away, take him away! Crucify him!" Pilate said to them, "Shall I crucify your king?" The chief priests answered, "We have no king but Caesar." Then he handed him over to them





to be crucified. So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha.

*(John 19: 6, 15-17)*

**Minister:**

Lord,  
grant us strength of purpose  
that we may faithfully bear our crosses each day.

**Eighth Station: Jesus is Helped by Simon the Cyrenian to Carry the Cross**

**Reader:** They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross.

*(Mark 15: 21)*

**Minister:**

Lord,  
grant us willing spirits  
that we may be your instruments on earth.

**Ninth Station: Jesus Meets the Women of Jerusalem**

**Reader:** A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are coming when people will say, 'Blessed are the barren, the wombs that never bore and the breasts that never nursed.' At that time, people will say to the mountains, 'Fall upon us!' and to the hills, 'Cover us!' for if these things are done when the wood is green what will happen when it is dry?"

*(Luke 23: 27-31)*

**Minister:**

Lord,  
grant us gentle spirits  
that we may comfort those who mourn.

**Tenth Station: Jesus is Crucified**

**Reader:** When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. [Then Jesus said, "Father, forgive them, they know not what they do."]

*(Luke 23: 33-34)*

**Minister:**

---

*...to set the mind on the Spirit is life and peace...Romans 8:6*





Lord, grant us merciful hearts  
that we may bring your reconciliation and forgiveness to all.

### **Eleventh Station: Jesus Promises His Kingdom to the Good Thief**

*Reader:* Now one of the criminals hanging there reviled Jesus, saying, "Are you not the Messiah? Save yourself and us." The other, however, rebuking him, said in reply, "Have you no fear of God, for you are subject to the same condemnation? And indeed, we have been condemned justly, for the sentence we received corresponds to our crimes, but this man has done nothing criminal." Then he said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise."  
(*Luke 23: 39-43*)

***Minister:***

Lord,  
grant us perseverance  
that we may never stop seeking you.

### **Twelfth Station: Jesus Speaks to His Mother and the Disciple**

*Reader:* Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.  
*John 19: 25-27*

***Minister:***

Lord,  
grant us constancy  
that we may be willing to stand by those in need.

### **Thirteenth Station: Jesus Dies on the Cross**

*Reader:* It was now about noon and darkness came over the whole land until three in the afternoon because of an eclipse of the sun. Then the veil of the temple was torn down the middle. Jesus cried out in a loud voice, "Father, into your hands I commend my spirit"; and when he had said this he breathed his last.  
(*Luke 23: 44-46*)

***Minister:***

Lord,  
grant us trust in you





that when our time on earth in ended  
our spirits may come to you without delay.

**Fourteenth Station: Jesus is Placed in the Tomb**

**Reader:**

When it was evening, there came a rich man from Arimathea named Joseph, who was himself a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be handed over. Taking the body, Joseph wrapped it [in] clean linen and laid it in his new tomb that he had hewn in the rock. Then he rolled a huge stone across the entrance to the tomb and departed.

*(Matthew 27: 57-60)*

**Minister:**

Lord,  
grant us your compassion  
that we may always provide for those in need.

**Closing Prayer:**

**Minister:**

Lord Jesus Christ,  
your passion and death is the sacrifice that unites earth and heaven  
and reconciles all people to you.  
May we who have faithfully reflected on these mysteries  
follow in your steps and so come to share your glory in heaven  
where you live and reign with the Father and the Holy Spirit  
one God, for ever and ever.

**All:**

Amen.

