

**Catholic Women of the Chapel  
Fort Belvoir, Virginia**

**President's Report  
-Louise Oliver**

100  
40-50 w/dly  
Chapel support  
No discernment

Theme for 2019: Koinonia, True Christian Fellowship  
Theme for 2018: St. Veronica. She was Kind.

**General Meetings** – We have general meetings once a month. Special guest speaker topics have included: Seminarian Life; Christmas Traditions; How to deal with family and friends who are atheist; Similarities & Differences between Catholicism and Islam; Evangelization; and Moving Forward in Our Faith during and after the abuse scandals.

General Meetings also include Advent and Lenten Retreats and Outreach Projects

**Faith Studies** – Two to three weeks of the month, we discuss our Faith Study. Studies the last two years include: Word on Fire's David the King and The Mass, (with videos), People of the Passion and Matthew Kelly's Rediscover Jesus.

**Outreach** – We have monthly Outreach Projects. These projects include: collecting items for homeless shelters; food pantries; Dulles Airport USO; MaRiaH Pregnancy Center; Sanctity of Life, Ft. Belvoir Schools Backpack Meals Program, and others.

**Field Trips** – St. John Paul II National Shrine; National Geographic Museum for Tomb of Christ exhibit; and Museum of the Bible to name a few. Of course we also attend MCCW Regional and Worldwide Retreats.

**Official ministry of the St. Martin of Tours Catholic Community at Ft. Belvoir.**  
As such we volunteer to assist with special events.

**Social Groups:** Monthly Breakfast Group, Luncheon Group, and BUNCO Group.



## Quantico Catholic Women of the Chapel

**2017-2019** 35 members  
wkly only  
LNO  
discernment

### Books Studied

- *Ponder Take up and Read*
- *Divine Mercy for Moms* Emily Jaminet and Michele Faehnle
- *Who Does He Say You Are?* Colleen Mitchell
- *Courageous Women: A Study on the Heroines of Biblical History* Stacy Mitch

### Activities

- Blessing Bags for the Homeless
- Ladies Night Out: monthly gathering
- Pray and Play: monthly play group
- Summer Movie Group: Divine Mercy on FORMED
- For God and Country Dinner: dinner hosted for priests discerning into the chaplaincy
- Extravagownza: provide free ball gowns and accessories to the Quantico military community

### Field Trips

- Group trip to the National Shrine of the Immaculate Conception
- Mothers Tea and Rosary at the JPPII Shrine

### Guest Speakers

- St Faustina dramatization by Nancy Scimone, opened to the entire base community
- Mary's Shelter speaker and Baby Shower
- Fr Dwyer: indulgences and blessed salt

### New Efforts

- Electronic registration form
- Closed Facebook group with membership questions
- Weekly electronic newsletter

### Membership Numbers and Attendance

- 2018-2019: 35 registered members, average attendance is 10-15 weekly
- 2017-2018: 39 registered members, average attendance 12-18 weekly



2018-2019  
Fort Riley  
Catholic Women of the Chapel  
Stephanie DeMoss - President

2018 Study: Omnipotent by Danielle Bean - DVD series (borrowed from a member); bought 25 Omnipotent journals @ 16.95 ea - AF; bought 4 journals with personal donations

2019 Study: Having a Mary Heart in a Martha World by Joanna Weaver - Book (includes study); ordered 30 books @ 8.95 ea - AF

Average attendance: 22 ladies, 20 children

# watchcare workers: 5-6

Watchcare donations: Sept \$187; Oct \$139; Nov \$172 Primarily paid for from CTOF funds

Summer meetings: 4 (no watchcare) Casual study, used short podcasts, held at fenced in playground at chapel

September 5: Fall Kickoff - raffle - no theme began our weekly Wednesday meetings 9:00-11:00

September 22: Worked with PWOC to offer a nursing/changing station at Apple Days  
- CWOC had a volunteer on each shift

October 3: Rosary class

October 6: <sup>a Mass</sup> Unofficial "multifamily yardsale" during post-wide yardsale, ladies that sold items pooled profits to be used at CWOC President's discretion for CWOC

November 3: Ladies Bunco @ St. Mary's; donated prizes

November 28: Moved our meetings to St. Mary's Chapel - Cleaned and decorated the chapel for Christmas and Tour of Homes

December 1: CWOC oversaw St. Mary's Chapel for the Tour of Homes

December 5: Hosted an Advent Retreat at St. Mary's, Fr. Ryan from St. Isidore presided (gifted him \$50 - personal donations)

Adopted AMS seminarian's birthday - sent him cards and small gifts

December 13: Last 2018 meeting; CWOC Christmas party; A Rae of Grace supplied materials for and taught us how to do wooden Christmas signs for personal donations

January 16: Spring Kickoff; regular weekly meetings start again; 9:00-11:30

Watchcare - 8:45 -12:00 (they requested at least 15 min to set up and 30 to clean up. In the fall, they were clocking in 30 min prior and out 45 min after which I thought was excessive)

Breakfast Bunch - 1 Saturday/mo 9-11 at St Mary's Chapel - brkfast potluck, kids movie & craft while moms clean  
CWOC provides starter meals for poor mans supper after Stations of the Cross  
Meal Trains for new babies, special needs - Mar 13 - WTB meal

# CWOC Langley Affiliation (70)

Be Still and Know.....

2018-2019

September 4th – "Saints, Smiles, School Supplies"

(St. Vincent's & Catholic Charities for School Supplies)

October 2nd

"Scriptural Rosary"

(Canned Goods and Basic Spices benefiting St. Vincent's)

November 6th – "Advent & Your Family" Guest Speaker - Linda Ruffi

(PORT -Blessing Bags: toiletries, ponchos, and hand-warmers, etc.)

December 11th – "Happy Birthday Jesus" and Christmas

Ornament Exchange

(Bring items from the Giving Tree)

January 8th–

"Spiritual New Year"

(St. Vincent's - warm items -adults)

February 5th –

"Love Is Everywhere"

("BRAMance" /"BROMance" & Purses & Pads

{feminine hygiene products} Undergarments esp. needed for men)

March 5th

"Marti-Gras" – Fat Tuesday

(St. Vincent's for "Spring Cleaning" - summer clothes, active-wear)

April 9th

"High-Tea Party & Baby Shower"

(Catholic Charities – Baby Boy clothes and hygiene products)

May 7th

"Crowning of Mary"

("Grandparent's Picnic" Outdoor toys, books, small games, snacks)

June 4th

Honoring the Ladies of CWOC

"Presentation of "Mary & Martha Award"

**\*\*These are scheduled dates and topics, but are subject to change \*\***

Pease RSVP to your Evite for each event.

It will greatly help in the planning & execution of each monthly event.

(Anything in parenthesis will be a SERVICE PROJECT DONATION)

Be Still and Know.....

2018-2019

September 4th – "Saints, Smiles, School Supplies"

(St. Vincent's & Catholic Charities for School Supplies)

October 2nd

"Scriptural Rosary"

(Canned Goods and Basic Spices benefiting St. Vincent's)

November 6th "Advent & Your Family" Guest Speaker -Linda Ruffi

(PORT -Blessing Bags: toiletries, ponchos, and hand-warmers )

December 11th – "Happy Birthday Jesus" and Christmas

Ornament Exchange

(Bring items from the Giving Tree)

January 8th–

"Spiritual New Year"

(St. Vincent's - warm items -adults)

February 5th –

"Love Is Everywhere"

("BRAMance" /"BROMance" & Purses & Pads

{feminine hygiene products} Undergarments esp. needed for men)

March 5th

"Marti-Gras" – Fat Tuesday

(St. Vincent's for "Spring Cleaning" - summer clothes, active-wear)

April 9th

"High-Tea Party & Baby Shower"

(Catholic Charities – Baby Boy clothes and hygiene products)

May 7th

"Crowning of Mary"

("Grandparent's Picnic" Outdoor toys, books, small games, snacks)

June 4th

Honoring the Ladies of CWOC

"Presentation of "Mary & Martha Award"

**\*\*These are scheduled dates and topics, but are subject to change \*\***

Pease RSVP to your Evite for each event.

It will greatly help in the planning & execution of each monthly event.

(Anything in parenthesis will be a SERVICE PROJECT DONATION)